#### ORDINANCE

#### BACHELOR OF SOCIAL WORK (B.S.W.)

#### **DEPARTMENT OF HUMANITIES AND SCIENCE**

#### THREE YEAR PROGRAMME



#### HIMALAYAN GARHWAL UNIVERSITY UTTARAKHAND

http://www.hgu.ac.in

# HIMALAYAN GARHWAL UNIVERSITY UTTARAKHAND

### **COURSE STRUCTURE FOR**

## **Bachelor Of Social Work**

# ( **B.S.W.**)



#### ORDINANCE

#### Bachelor of Social Work (B.S.W.)

#### Title:

The title of the course shall be **Bachelor of Social Work** (B.S.W.)

#### **Objective:**

The main aim of the Bachelor of Social Work (B.S.W.) programme is to prepare graduates for generalist professional practice and to contribute to achievement of the College of Social Work's mission and vision within the context of its core values.

#### **Duration:**

The total duration of the course shall be of three years, spread over in six semesters.

#### Eligibility:

Student should be 12<sup>th</sup> passed in any stream with 45% for unreserved category and 40% for reserved category shall be eligible for admission to the course.

#### Admission Policy:

As per University norms.

#### Course Content:

The curriculum will be divided in to three parts:

- Theory Papers
- Practical Field Work

#### **Theory Papers:**

There shall be four theory papers in each of the four semesters as per the details given below:

#### Semester-1

- Paper-1: Introduction to Social work
- Paper-2: Sociological concepts for social work
- Paper-3: Economic concepts for social work

#### Semester – 2

- Paper-1: Social Work and social welfare administration
- Paper-2: Social problems in India
- Paper-3: Scope of social work

#### Semester-3

- Paper-1: Contemporary Ideologies for social work
- Paper-2: Human growth behavior
- Paper-3: Development Communication

#### Semester-4

- Paper-1: Social case work
- Paper-2: Social group work
- Paper-3: Community organization

#### Semester-5

- Paper-1: Human growth and development
- Paper-2: Family life Education
- Paper-3: Social work and research methods

#### Semester-6

- Paper-1: Social work and legal information
- Paper-2: Community Development
- Paper-3: Professional Skill Development

#### **Evaluation Pattern:**

Each theory paper shall be of 100 marks divided into Internal Assessment of 30 marks and term end Assessment of 70 marks respectively.

Every student will be required to pass separately in theory papers, Practical papers and General Viva-Voce Examination. In order to successfully pass, every student will be required to obtain at least 40% marks in the aggregate of Theory Papers, Field Work and General Viva-Voce Examination.

#### Practical Course (Concurrent Field Work):

There shall be five concurrent field works throughout the V<sup>th</sup> semester, one concurrent field work in each semester.

Practical Concurrent Field Work will be done simultaneously with class-room teaching of theory papers from the very beginning of the session up to the preparation leave before the commencement of the examination. Each student will be required to go for track and field work (excluding holidays and Dashahara and winter vacations). Practical Track and field work will be of 100 Marks in each semester, each having 30 marks for internal and 70 marks for external for each semester.

#### **Project Report:**

Each student shall be required to prepare and submit a Project Report (Field based) on the theme (to be decided in consultation with the Faculty) before the commencement of the Examination for the IV Semester.

#### **Evaluation of Project Report:**

Evaluation of project report will be by the external examiner appointed by the controller of examination from the expert faculty members available at university database. If the student unable to get clear the examination, he/she has to appear for examination of project report modified or changed project report.

Fee: As per university norms



### BACHELOR OF SOCIAL WORK (B.S.W.) Marks Evaluation

PAPER	TITLE OF THE PAPER	MARKS		TOTAL
CODE		INTERNAL	EXTERNAL	MARKS
	SEMESTER-I			
	Theory Course	<b>1</b>		1
BSW101	Introduction to Social work	30	70	100
BSW102	Sociological concepts for social work	30	70	100
BSW103	Economic concept for social work	30	70	100
	Practical Course	TT		1
BSW104	Concurrent Field Work	30	70	100
	TOTAL	120	280	400
	SEMESTER-II			
	Theory Course			
BSW201	Social Work and Social Welfare	30	70	100
	Administration			
BSW202	Social Problems in India	30	70	100
BSW203	Scope of social work	30	70	100
	Practical Course			
3SW204	Concurrent Field Work	30	70	100
	TOTAL	120	280	400
	SEMESTER-III			
	Theory Course			
BSW301	Contemporary Ideologies for social work	30	70	100
BSW302	Human Growth Behavior	30	70	100
BSW303	Development Communication	30	70	100
	Practical Course			
BSW304	Concurrent Field Work	30	70	100
	TOTAL	120	280	400
	SEMESTER-IV			
	Theory Course			
BSW401	Social Case Work	30	70	100
BSW402	Social Group Work	30	70	100
BSW403	Community Organization	30	70	100
	Practical Course			
BSW404	Concurrent Field Work	30	70	100
	TOTAL	120	280	400
	SEMESTER-V			
	Theory Course			
BSW501	Human Growth & Development	30	70	100
BSW502	Family Life Education	30	70	100
BSW503	Social Work & Research	30	70	100
	Practical Course			
BSW504	Concurrent Field Work	30	70	100
	TOTAL	120	280	400
	SEMESTER-VI			
	Theory Course			c
BSW601	Social Work & Legal Information	30	70	100
BSW602	Community Development	30	70	100
BSW603	Professional Skill Development	30	70	100
	Practical Course	,		
BSW604	Project Work	-	100	100
TOTAL		90.8HHz	310	400
	GRAND TOTAL	690	1710	2400
		Deputy Indistrar	1+0.	

SEMESTER - I

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#### PAPER – I : BSW 101 INTRODUCTIONS TO SOCIAL WORK

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#### Periods/Work:-4 0 2

#### **Objectives:**

- Understand the history of Social Work Profession in India & abroad
- Understand the basic values and principles of Social Work Profession
- Understand the basic concepts relevant to Social Work practice

#### Unit I

Basic concepts related to Social Work : Social Work, Social Service, Social Welfare, Social reform, Social Justice, Social Health, Social Security, Social Policy, Social Defense, Social Development, Human Rights, Social Legislation, Social Administration

#### Unit II

Social Work: Meaning, Definition, Basic Assumptions, Scope, Objectives, and Functions of Social work: Preventive, remedial, developmental; Methods of Social Work

#### Unit III

Historical development of Social Work: Development of Professional Social Work-USA, UK, India, Development of Social Work education, Professional aspects of Social Work

#### Unit IV

Basic values, Philosophy and Principles of social work

#### Unit V

Fields of Social Work: Family and Child Welfare; Medical & Psychiatric Social work; Industrial social work; Correctional Administration, Community Development

- 1. Concepts & Methods of Social Work
- 2. History & Philosophy of Social Work in India: A R Wadia
- 3. Social work- An Integrated Approach: Sanjay Bhattacharya,
- 4. Introduction to Social Work: Paul Choudhary.
- 5. Social Work Philosophy & Methods: P D Mishra
- 6. Encyclopaedia of Social Work Jainendra Kumar Jha
- Social Work Methods, Practices and perspectives Rameshwari Devi and Ravi Prakash

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#### PAPER – II : BSW 102 SOCIOLOGICAL CONCEPTS FOR SOCIAL WORK

#### L T P

#### Periods/Work:-4 0 2

#### **Objectives:**

- To Provide a sociological perspective for effective social work practice
- To familiarize with various sociological concepts, social institutions & its use in social work profession

#### Unit I

Sociological: Meaning, Definitions, Origin & Development, Importance: Primary Concepts in sociological: Society, Culture & Community: Significance of sociology in social work

#### Unit II

Role, Status, Social interaction and Social Process: Social groups: Types

#### Unit III

Social institutions: Family, Marriage, Religion, education: Social Control : Concepts, Types, Functions and agencies of social control

#### Unit IV

Socialization- Agents of Socialization, Theories of Socialization: C. H. Cooley's Theory of looking glass self, G. H. Meads ' Theory of Self & Freudian Theory

#### Unit V

Social Change: Concepts and Characteristics. Social Stratification, Social Control, Social Disorganization

- 1. Society An Introductory Analysis: R. M. Maclver and Charies H. Page
- 2. Social Change in Modern India: M. N. Sreenivas
- 3. Sociology : Anthony Giddens
- 4. Sociology- Primary Principles of sociology with an Introduction to social Thoug C.N. Sankar Rao
- 5. An Introduction to Sociology: Vidya Bhushan and D.R. Sachdeva
- 6. Human Society: Kingsley Davi



#### PAPER-III : BSW 103 ECONOMIC CONCEPTS FOR SOCIAL WORK

#### LTP

#### Periods/Work:-4 0 2

#### **Objectives:**

- Understand the basic economic concepts, Principles, theories & its application in social work profession
- Understand and analyze economic problems with social work perspective

#### Unit I

Economics: Meaning, Definitions; Significance of economic concepts in social work; Basic Concepts: Factors of Production. Land, Capital and Organization

#### Unit II

Economic Problems: Poverty, Unemployment and Over Population: Meaning, magnitude, cause and consequences. Programs for alleviation of poverty and unemployment

#### Unit III

Economic System: Capitalism, Socialism, Mixed economy: Definitions, Features, Advantages and Disadvantages

#### Unit IV

Economic Growth & Development: Definition, Indicator of and Obstacles to Economic Development; Underdevelopment: Meaning, Characteristics & causes

#### Unit V

Indian economy: Characteristics, Problems. Five year plans. Assam Economy; Salient Features; Globalization, privatization and Liberalization: Meaning and Implications

- 1. Advanced economic theory: Misra & Puri
- 2. Development & Underdevelopment *The political economy of global inequality:* Mitchell A Seligson & John T Passe Smith
- 3. Indian economy- Problems of development & planning; A N Agarwal
- 4. India's economic reforms & development: A Vaidyanathan
- 5. Indian economy towards the 21<sup>st</sup> century: Surendra J Pate

#### SEMESTER – II

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#### PAPER – I: BSW 201 SOCIAL WORK AND SOCIAL WELFARE ADMINISTRATION

LTP

#### Periods/Work:-4 0 2

#### **Objectives:**

- To study Voluntary Agency Administration
- To study legal aspects of social work administration
- To create awareness about the various social welfare programmes implemented by central & state governments

#### Unit I

Social Work Administration: Meaning, definition, scope, Functions & principles.

#### Unit II

Administration process in welfare institutions: Planning, Organizing, Directing, Staffing, Coordinating, Financial administration: Budgeting, Fund Raising, Accounting, Auditing, Public relation & reports, Maintenance of files.

#### Unit III

Non –governmental organizations: Registration of societies and Trusts;Constitution and byelaws. Societies Registration Act; Factors motivating voluntary action. National & international voluntary agencies; Problems of voluntary organizations.

#### Unit IV

Welfare programmes for women, children, youth, Aged, Destitute & differently abled (institutional and non institutional), Social Welfare programmes for SC's and ST's, Integrated Child Development Services, Social Security schemes of central & state

#### Unit V

Social welfare Administration in India National level & state level social welfare departments: Functions and Programmes. Organisational structure, Programmes of central social welfare Board.

- 1. Social Welfare Administration: Paul Choudhary.
- 2. Social Welfare Administration : S L Goel & R Rajan
- 3. Modern perspectives on Social Work: Anand Sirohi
- 4. Social Welfare Administration : Sachdeva
- 5. A new history of welfare: Phyllis J Day

#### PAPER-I: BSW 202 SOCIAL PROBLEMS IN INDIA

#### L T P Periods/Work:-4 0 2

#### **Objectives:**

- To provide insight about present social problems and their magnitude
- To enable the students to understand the impact of social problems on social life.

#### Unit I

Social Problems: Meaning, Characteristics, Cause & Types

#### Unit II

Poverty and Unemployment: Meaning, Types and Causes. Programmes for alleviating Poverty and unemployment; Population problems: Causes, Characteristics & preventive programmes; Communalism. Casteism and terrorism

#### Unit III

Substance Abuse: Causes, Types, preventive measures; Suicide: Definition, Causes, Preventive Measures and Crisis Intervention; AIDS: psychosocial & medico legal aspects

#### Unit IV

Crime: Concept & prevention; Violence against against and prodtitution Human Trafficking. Migration and Diisplacement

#### Unit V

Juvenile Delinquency: Classification, Causes and Preventive Programmes. Child abuse: School & Family Interventions; Child Labour: causes, remedial programmes

#### **Reference:**

- 1. Social Problems in India Ram Ahuja.
- 2. Encyclopedia of Social Problems and Social Changes (vol 1-5) Ranjith Rajadhyaksha
- 3. Social Problems- Society in Crisis. Deniel J. Curran, Claire. M. Renzetti
- 4. Economics of Child Labour K.P. Kannan.
- 5. Child labour and law- Myth and Reality of Child Welfare P.L. Mehta and S.S. Jaswal

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- 6. Population and poverty Current status and futue approaches M. Walter
- 7. Indian Social Problems- G R Madan

#### PAPER-III : BSW 203 SCOPE OF SOCIAL WORK

#### LTP

#### Periods/Work:-4 0 2

#### **Objectives:**

- To create awareness about enlargement scope of Social Work professional
- To familiarize with problems in various fields of Social Work
- To acquire skills for working in different areas of Social Work

#### Unit I

Family & Child Welfare: Foster Care, Adoption Services, Family Counselling Centre, Child Guidance Clinics, Sex Education, Premarital Counselling

#### Unit II

Medical & Psychiatric Social Work: Multidisciplinary Approach, Concept of Patient as a Person. Social & Emotional factors involving in diseases; Death & Dying. Reaction to terminal illness. Role of medical social worker, role of psychiatric social worker

#### Unit III

Rural & Urban Community Development: Panchayat Raj & Decentralized planning

#### Unit IV

Criminology & Correctional administration. Social Welfare Administration. School social Work: Adjust mental Problems, Scholastic Backwardness, Learning Disability and Dropouts.

#### Unit V

Industrial social work of industrial workers, Absenteeism, stress, Occupational Hazards.

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- 1. Social Work Introduction to Field: Stroup H. H
- 2. Field of social work: Fink A E
- 3. History & Philosophy of social work in India: A R Wadia
- 4. School Social Work: Anjali Gandhi
- 5. Mental Health in class room: Mary Venus, C J
- 6. Encyclopedia of Social work
- 7. Social Work with Older people: Crawford Walker

#### **SEMESTER – III**

#### PAPER-I: BSW 301 CONTEMPORARY IDEOLOGIES FOR SOCIAL WORK

LTP

Periods/Work:-4 0 2

#### **Objectives:**

- To understand the contemporary ideologies and how it has brought about social changes
- To understand the social reform movement in the context of social work

#### Unit I

**Contemporary Ideologies for social change:** Introduction: Neo -Liberalism, globalization, Postmodernism, Feminism, Resurgence of the Civil society, Multiculturalism, Ideology of sustainable & people centered Development, Ideology of Non-government Organisations.

#### Unit II

**Contemporary Ideologies of Social** Social Work, Emerging ideologies of professional social work, Spirituality & social work, personal attributes of a social worker

#### Unit III

Social Reformer: Baba Amte , Medha Patekar, B.R. Ambedkar, Jyotiba Phule

#### Unit IV

Social Reform Movements: Narmada Bachaon Andolan, Chipko Movement, Naxalbadi Movement

#### Unit V

Social movements in north eastern India With special reference to Assam-Students movements, peasant movement, Movements related to problems of natural and manmade displacements, ethnic identity.

- 1. Banks, S. 1995; Ethics & Values in social work: Practical social Work Series,London: Macmillan Press Ltd.
- 2. Desai M.2000; Curriculum Development on, History of Idelogies for social Change and social work, Mumbai Social Work Education & Practice Cell
- 3. Kothari, S. & Sethi; Rethinking Human Rights New Delhi: Lokaya H. (Eds)1991

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#### PAPER-II: BSW 302 HUMAN GROWTHS AND BEHAVIOUR

#### LTP

#### Periods/Work:-4 0 2

#### **Objectives**:

- To understand the Factors contributing to the devilment personality
- To understand the concepts that will be beneficial to social workers in understanding human beings better

#### Unit I

**Understanding Human Behaviour:** Concept of human growth, development 7 Behaviour, Factors affecting human behavior; Methods of study human behavior; Theories of development & behavior – freud's Psychosexual theory & Erikson's psychosocial theory

#### Unit II

**Biological Bases of behaviour:** Role of heredity, Role of endocrine glands, Role of central nervous systems

#### Unit III

**Psycho-Social Bases of Behaviour:** Role of environment: Pre-natal & Post natal, Social factors affecting behavior, Socialization Process

#### Unit IV

**Human Growth & Develo ment:** Life span approach to the understanding of human growth & behaviour, Principles of growth & development, Stages of development: from conception to old age

#### Unit V

**Basic psychological processes:** Learing, Motivation, Frustration & conflict, Coping / defence mechanisms, Personality development

- 1. Chowdary, D.P.1992 Aging and the aged, New Delhi: Inter India Pub.
- 2. Kakar, Sudhir, 1978, Images of the Life cycle & adulthood in India, In Anthony, E. G.
- 3. Colette, C (Eds) The Child in his family wiley, 319-332.
- 4. Kaplan P.S. 1988, the Human Odyssey: Life –span Development, St, paul west publishing company
- 5. S.V. Khale Child psychology & child Guidance

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#### PAPER-III : BSW 303 DEVELOPMENT COMMUNICATIONS

#### LTP

#### Periods/Work:-4 0 2

#### **Objectives:**

- To understand the concept and fundamental of developments in the context of approaches in development communication.
- To gain insight into various experiment in the context of approaches in development communication.
- To develop abilities in using innovative and participatory communication media for development.

#### Unit: I

**Development:** Meaning concept, process and models of development- theoriesorigin-approaches to development, problems and issues in development, characteristics of developing societies, gap between developed and developing societies. Development issues on national and regional and local level.

#### Unit II

**Development Communication:** Meaning Concepts Definition; Role of media in development communication: strategies in development communication: social cultural and economic barriers- case studies and experiences- development communication policy: strategies and action plans.

#### Unit III

**Communication Planning:** Meaning and scope of communication planning, Role of communication planner, Training for effective communication of development functionaries.

#### Unit IV

**Review of experiments in Development Communication:** Participatory approach in development communication: Fogo Island; SITE, kheda Community: SEWA; CRHP Jamkhed; Rural Radio Forum; Chipko andolan; Mahila dakia: Rjasthan; Bal sevak: IHMP Pachod, Project Chatera, CENDIT

#### Unit V

#### **Development Communication in practice**

- Visual media, Audio visual media, Audio visual, Film clips/Video films, Folks Media, Electronic media
- Communication skills for development workers: writing skills, verbal skills, planning campaigns, interfacing with mass media, extension education strategies

- 1. Fernandes, Walter: Development with people, Indian Social Institute
- 2. Jayaweera N & Amunugama S: Rethinking Development Communication,

#### **SEMESTER - IV**

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#### PAPER-I: BSW 401 SOCIAL CASE WORKS

LTP

#### Periods/Work:-4 0 2

#### **Objectives:**

- To understand the basic concepts in social Case Work
- To acquaint the students with the process of Social case work
- To develop in students the necessary attitude and skills to practice Social case work

#### Unit I

Social Case Work: Meaning, Definitions, Scope, Purpose. Historical development of Case Work. Case work practice in India. Its relation to other methods of social work

#### Unit II

Case Work Relationship: Nature and Components. Principles of case work relationship.

#### Unit III

Components of Case Work – Person, Problem, Problem, Place, Process. Case work process: Study, Diagnosis, Treatment, Evaluation & Termination Case work recording, Treatment Methods

#### Unit IV

Skills of caseworker, Tools of Work: Observation, Interview, Home Visit. Treatment methods in case work, direct treatment, administration of practical services and environmental manipulation.

#### Unit V

Counseling in Case Work : Definition, Meaning, Importance, Objectives & Goals, Phases in Counselling . Counselling techniques & areas of Counselling

- 1. The Dynamics of Casework & Counselling: Aptekar H H
- 2. The Case Work Relationship: Biestek PP
- 3. Social Casework: R K Upadhyay
- 4. Theory & Practice of Counselling & psychotherapy: Gerrald Corey
- 5. Introduction to Social Case Work: Grace Mathew
- 6. Social Case Work: a Problem solving Process: Helan Harris Perlman

#### PAPER-II: BSW 402 WORKING WITH GROUPS

#### **Objectives:**

- To understand the scope of Group Work in social work intervention
- To familiarize with group formation, group work process & evaluation

#### Unit 1

Social Group: Definition. Social group work - Historical Developments. Objectives of group work Principles of group work.

#### Unit II

Group Dynamics, group morale; Role of social worker in group work: enabler, Stimulator, Supporter, Guide, Educator, Resource person, Therapist and Supervisor

#### Unit III

Skills of group worker: Leadership, Communication, Listening, Conflict Resolution, Decision Making, Facilitation

#### Unit IV

Group work with Children, Adolescents and Elderly

#### Unit V

Group work Process, Group formation: Stages of group development

#### **Reference:**

1. Bhattacharya, Sanjay. 2006. Social Work an Integrated Approach. New Delhi: Deep & Deep

2. Siddiqui, H.Y.2007. Social Group work. Jaipur: Rawat Publications

3.Konopka G 1963: Social Work – A Helping process. Engelwood cliff: Prentice Hall

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#### PAPER-III: BSW 403 COMMUNITY ORGANIZATIONS

#### LTP

#### Periods/Work:-4 0 2

#### **Objectives:**

- To be acquainted with the concepts of community and its dynamics
- To understand community organization as a method of social work

#### Unit I

Analyzing Community: Concept of community, Structure & functions, Deconstruction of community

#### Unit II

Community Organization: Meaning, Objectives, principles & Definition; Phases of Community Organization; history of community organization

#### Unit III

Methods of Community Organization: Fact finding; surveys, analysis, planning & evaluation. Concept of community participation, community empowerment

#### Unit IV

Role of community worker; Community Development: difference between Community Development & Community Organization

#### Unit V

Social Action: Concept & Definitions, Objectives, Principles, Methods & Strategies; Scope of social action in India; Social action & social problems. Role of social workers in social action

- 1. Social Group Work-Principles & Practice: Harleigh B Trecker
- 2. Social Group Work-a Helping Process: Gisela Konopka
- 3. An Introduction to Group Work Practice: Toseland & Rivas
- 4. Community Organisation-Theory, Principles & Practice: Murray G Ross
- 5. Community Organisation process in India: P R Sengupta
- 6. Arthur Dunham: Community Welfare Organisation
- 7. Encyclopaedia of Social Work in India (vol. I to IV)\_ Govt. of India

#### **SEMESTER - V**

#### PAPER-I: BSW 501 HUMAN GROWTHS AND DEVELOPMENT

#### L T P Periods/Work:-4 0 2

#### **Objectives:**

- To understand the physical, psychological & social changes of various developmental stages
- To identify problems & hazards of developmental stages

#### Unit I

Developmental psychology: Definition, Meaning & scope. Developmental psychology & Social work. Growth & Development: Meaning, Facts & Stages in development. Tasks in developmental stages.

#### Unit II

Prenatal Development: Pregnancy, Child Birth, Problems during delivery Infancy: Characteristics, Attitude of significant people, Family influence Babyhood – Characteristics, Child Rearing Practices, Family Relationship

#### Unit III

Early Childhood: Language Development, Preschool Education, Play & its Importance; Late childhood: Influence of school, Social & Social Behaviour; Psychosocial factors of child growth & development

#### Unit IV

Puberty: Physical changes & its effects, Behavioral changes; Adolescence: Period of Storm & Stress, Identity Crisis, Peer Group Influence, Family Frictions, Social Relationship & Sexuality

#### Unit V

Early Adulthood: Vocational Adjustment, to Parenthood; Middle age: Adjustment, Role Changes, Marital Relationship, Adjustment to Parenthood; Middle age Adjustments in family, Widowhood, Preparation for age; Old age: Physical & psychological characteristics, Needs & Problems.



- 1. Developmental Psychology A Life Span Approach: Elizabeth Hurlock
- 2. Principles of Developmental psychology S Kumar.
- 3. Developmental psychology childhood and adolescence: David R Shafer.
- 4. Child development: Elizabeth Hurlock
- 5. Complete Book on Pregnancy & Child birth: Dr. Brahm Prakash

#### PAPER-II: BSW 502 FAMILY LIFE EDUCATIONS

LTP

#### Periods/Work:-4 0 2

#### **Objectives**:

- To familiarize with various aspects related to family life
- To develop life skills in students
- To equip students with the skills to deal with family problems

#### Unit I

Family Life Education: Concept & meaning. Importance of family life education. Role of home, school and religion in imparting life education. Family: Importance of family, Family in the changing Society.

#### Unit II

Life skills: Components, Practice sessions in life skills development

#### Unit III

Reproductive system and health: Male and female reproductive systems, its Functioning. Sexual development. Conception, pregnancy and delivery. Family Planning: methods, use of contraceptives. Abortion. Medical termination of pregnancy act.

#### Unit IV

Human sexuality: Importance of sex in family life. Functions of sex reproduction, recreation and relational aspects of sex. Sex & love.

#### Unit V

Marriage & Parenthood: Importance of marriage, Common concerns: arranged marriage & love marriage. Living together, individual differences. Problems and adjustments, accepting and respecting each other, communicating difficult feelings, Premarital Counseling. Moral cultural & social values in family life. Marital life & Role Expectations: Divorce: Psychosocial effects of divorce and Separation.

- 1. The psychology of women- Margaret W matlin
- 2. The adolescent development, relationship and culture –F Philip Rice.
- 3. Family in India Krishna Chakraborthy.
- 4. Self care for women- Parul R Sheth
- 5. Human sexual response: Masters & Johnson
- 6. The essentials of contraceptive technology a Handbook for clinical staff: Jhon Hopkins Population Information Programme
- 7. Men are From Mars and Women are from Venus. John Gray
- 8. Family Dynamics Aruna Khasgiwala.

#### PAPER-III: BSW 503 SOCIAL WORK AND RESEARCH METHODS

#### LTP

#### Periods/Work:-4 0 2

#### **Objectives**:

- To develop scientific approach for systematic procedure social work research
- To familiarize with various statistical techniques for analyzing data.

#### Unit I

Social Research & Social Work Research: Scope and need: Scientific methods: Meaning and Characteristics

#### Unit II

Research Designs: features and types: Exploratory, Descriptive, Diagnostic, Survey & Case Study; Quantitative & Qualitative research. Literature review

#### Unit III

Research methodology: Problem Identification, Formulation, Objectives, Hypothesis, Concepts, Definitions; Sampling: Definition and techniques.

#### Unit IV

Data Collection: Sources of Data. Methods & tools of data collection. Pretest; Processing of data: Editing, coding, Tabulation, Graphical & diagrammatic Representation

#### Unit V

Importance of Statistics in social work research, Measures of central tendency, Measures of dispersion, Measures of correlation, introduction to SPSS. Preparing research proposal

#### **Reference:**

- 1. Research for social workers an introduction to methods- Margaret Alston Wending Brutes
- 2. Statistical methods S. P. Gupta.
- 3. Research Methodology methods and techniques C R Kothari.
- 4. Social work research: D'cruz, Jones
- 5. Social research methods: David Dooley
- 6. Research methods: Ram Ahuja Scientific social surveys & research: Young

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### SEMESTER - VI

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#### PAPER-I: BSW 601 SOCIAL WORK AND LEGAL INFORMATION

#### L T P Periods/Work:- 6 0 0

#### **Objectives:**

- To provide an overview of social legislation and familiarize students with pertinent legislations
- To educate the students about the existing judicial system & its functioning

#### Unit I

Social Legislation, Social Defense, Indian Constitution: Preamble, Fundamental Rights, Directive Principles and Fundamental Duties.

#### Unit II

Indian Judicial system: Courts: Civil Courts, Criminal Courts, Family Courts, and Juvenile Courts. Prisons: Probation, Parole, Criminal Procedure Code and Indian Penal Code, Criminology.

#### Unit III

Personal Laws: Marriage, divorce and Adoption Legislations for Hindus, Muslims and Christians, Special Marriage Act.

#### Unit IV

Legal Aid, Lok Adulats, Public Interest Litigation, Human rights: Human Rights Commission, Women's Commission, Child Rights.

#### Unit V

Laws for the protection and care for women, children, disabled, SC/ST's. Social security Legislations: Maternity Benefits Act, Factories Act, Workmen's Compensation Act.

- 1. Introduction to the Constitution of India: Brig Kishore Sharma
- 2. Handbook of Human Rights: Jayant Chaudhary
- 3. Family Laws: I A Saiyed
- 4. Bare Acts of various legislations.
- 5. Social Legislation in India: Gangrade K D

#### PAPER - II: BSW 602 COMMUNITY DEVELOPMENTS

#### L T P Periods/Work:- 6 0 0

#### **Objectives**:

- To understand the concepts and strategies of rural and urban community development.
- To understand various rural & urban development programmes

#### Unit I

Community development: Concept, Philosophy & Methods; Early experiments in Rural community Development: Rural Community; Meaning & Characteristics.

#### Unit II

Rural Development Administration. Structure and Functions of Community Development Block; Role of NGOs in Rural Development in India; 73 <sup>rd</sup> Constitutional Amendment; Panchayath Raj: Structure and functions; Decentralised planning.

#### Unit III

Rural development programmes in the XIth Five year plan- JGSY, SGSY, SGRY, Pradhan Manthri Gram Sadak yojana, Samagra Awaaz Yojana, PMGY, Annapoorna, and innovative Scheme for Rural Housing & Habitat Development.

#### Unit IV

Origin & Growth of Cities–Industrialization, Urbanization & Modernization. Characteristics of urban communities. Growth of slums: cultural, political & social aspects of slum life.

#### Unit V

Urban Community Development: Concepts & Strategies. Of Urban development programmes; 74<sup>th</sup> Constitutional Amendment & Municipal Govt: structure, powers, functions & finances.

- 1. Rural Development in India K R Gupta
- 2. Urban Development B R Prassad
- 3. Rural Sociology in India A R Desai.
- 4. Rural Development in India- Emerging Issues & Trends: N Lalitha
- 5. Panchayath Raj in India Theory & Practice: S L Goel & Shalini Rajneesh
- 6. The Rural Urban Continuum: S E Bhatia

Mary Ceputy Mistrar

#### **PROFESSIONAL SKILL DEVELOPMENT**

#### L T P Periods/Work:-6 0 0

#### PAPER-III: BSW 603

#### **Objectives**:

- To develop communication public speaking, listening skills in students
- To develop students as trainers or resource person in conducting training programmes

#### Unit I

Human Resources: Definition, Importance, Value of the individual, Human Resource Development

#### Unit II

Personality Development: Role of Heredity & Environment. Personality types-Extroverts & Introverts. Theories of personality development. Determinants of personality. Role of Family, school in personality development. Components of personality development. Self- awareness.

#### Unit III

Communication Process in Social Work: Meaning, types: verbal & nonverbal communication. Importance of body language. Interpersonal communication. Barriers to effective communication; Listening: importance, causes of poor listening, strategies of effective listening, selective listening. Effective Public Speaking & Presentation Skills- Practical sessions, Introduction to Transactional analysis.

#### Unit IV

Time Management Career Guidance and career counseling. Interview: types characteristics, principles Techniques of interviewing, facting an interview Participatory Training Methodology: Planning, Conducting & Evaluating Training programmes, Group discussions, Seminars, Workshops, Camps, Conferences, Meetings.

#### Unit V

Leadership skills, Stress management, Emotional Intelligence: Importance, EQ & IQ-Assessment. Components of EQ. Positive mental attitude. Factors influencing positive mental attitude. Measures to develop positive mental attitude.

- 1. Time Management and personality development- John Adair
- 2. Principle centered leadership- Stephen R covey
- 3. Personality and development Vijay Pratap Singh

- 4. Secrets of mind power- Harry Lorayne
- 5. Emotional Intelligence- Daniel Goleman
  6. Working with emotional Intelligence- Daniel Goleman

Mer Cepoty Pagetrar